



Scaffolders Safe Slings and Lifting



Course Aim

This course aims to provide delegates with skills needed to safely lift scaffold materials on an operational site. The course is designed for scaffolders and managers who plan lifting operations.



Who Should Attend?

The course is suitable for scaffolders or managers who are required to plan safe lifting operations within their role.

Pre-requisites

Delegates must be 18 years and over.

All delegates must be able to certify they are physically fit and have no medical conditions that might prevent them carrying out lifting techniques. (A list of conditions that could affect practical training is available upon request.)



Course Duration

This is a 1 day course.



Certification

On successful completion of this course delegates will receive a certificate valid for three years.



Agenda

Theory

- Legislation relevant to conducting lifting operations (Health & Safety at Work Act, LOLER, PUWER & L1103)
- Definition of key lifting terminology
- Lifting plans
- Load calculation and load characteristics
- Load estimation
- Safe lifting bag
- Sling types and their attributes - ScaffGrip Board/Tube
- Manual lifting appliance – Safe Lifting Kit
- Pre use checks of lifting gear
- Planning the lift 9-point plan

Practical

- Risk assessment overview
- Pre-use check of Scaffolders Safe Lifting Kit
- Anchor point selection & rigging of scaffolders Safe Lifting Kit
- Safe slinging of scaffold tubes & boards - performing a lift & lower

Equipment covered during training:

- ScaffGrip Board (Websling)
- ScaffGrip Tube (Roundsling)
- Safe lifting bag
- Manual lifting appliance (Safe Lifting Kit)

Safety / Value / Availability / Support



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